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current

The Holiday Music City Miracle

November 26th - December 10th Volume 12, Issue 23

this issue

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Fight by Darren Hynes
Leyton Gallery Christmas Show

Rex Goudie's
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EDITORIAL THE OPPOSITION

BY KEVIN WOOLRIDGE



WORD UP

FIGHT IS AN AMAZING RIDE

BUCKLE UP FOR A NEW NOVEL BY DARREN HYNES

BY GINA GILL



Have you ever watched a movie and thought you were part of it? Left *Harry Potter* wondering why your wand went astray, *Mr. and Mrs. Smith* thinking your husband is going to kill you in your sleep or finished *The Day After Tomorrow* curled up in a blanket, wondering how many hours you have until the world ends?

clutches it, grabs it so hard that the reader can relate, even though the situation may be foreign.

Flight deals with the five days leading up to Emily's final escape from her husband and her hometown. Saving small amounts of money under a floorboard for over a year, working at a local grocery store and keeping her ultimate plan to herself - the days are getting closer and closer, with the escape actually becoming a reality. Flying to B.C. and taking her two children with her, Emily barely has a plan when she arrives, but can only hold on to the fact that she will be as far away as possible.

Outside of the important flight, the small community in which Emily and her family currently reside, is suffering. Layoffs are abundant and while Kent has managed to keep his job, he has gotten the brunt of the people's unemployment. Hynes takes some small stabs at the government and points out the constant struggles of small communities. The fear of losing their history, the desperation of an entire population, their future hanging in the balance without any hope. Men and women unsure of any other trade they have skills for besides the fishery, filled with anxiety and

helplessness as each day becomes anew. A few times Kent complains about the men in St. John's not caring for the townfolk - a serious opinion some in the capital should consider.

The powerlessness of the community coincides with everything Emily has ever felt and continues to feel; will her children hate her for taking them away from their father? What if she does not get a job in B.C.? Will she ever see her parents again? The answers are all unknown and as mentioned before, you too will be pondering the same questions, leading yourself to believe that you are part of a failing community and a destructive relationship.

Hynes is not someone to be overlooked - a man who has the power to blow his readers' minds, to create situations that become a reality and force you to say aloud "how does he do it, seriously, how?"

Pick it up and experience an over the top, heart clinching original. But be prepared to become part of a relationship you never wanted, an escape you need desperately and a sense of loss from within a deteriorated community.

This is the ultimate power of *Flight* by Darren Hynes. Beyond any heist movie, horror film or anything you have ever experienced. You will keep yourself up at night with worry, plotting your escape route from your abusive husband. Even with the main character Emily's detailed description of her husband, Kent, and his previous physical abuse, when you hear her questioning whether leaving him or not is the right decision, you too will ponder. Hynes actually digs deep inside the female psyche, the abused victim and

EVENT

FEAST OF COHEN

HALLELUJAH

BY GARY MOORE



The time of the year to pay tribute to one of the most influential songwriters of modern history is once more around the corner. Marking its eleventh year, Feast of Cohen will be on stage December, 27 to 30 marking a Christmas tradition for Cohen fans.

The "Cohen Song Fest" is rewinding to its earlier roots and moving the venue to an intimate environment, at the Robert G. Reid Theatre, the way the show was in the beginning. Feast of Cohen's creator and host, Vicky Hynes, is excited for the smaller venue; "In the days when we

did Feast of Cohen at the LSPU Hall, we performers felt we could almost touch the audience just by merely reaching out with your hand. It felt like you were singing to them in your living room at home." Hynes also adds, "Just bringing it back a notch or two; more like the setting we had when we started this event."

Anyone who has attended Feast of Cohen in the past understands the special bond felt by everyone in the room. A performance that would, perhaps, overwhelm Cohen himself. "I think he would be absolutely blown away by the sheer love and attention people out there can't help but shower on him. His writing for the reader is almost a religious experience. No wonder the man is humbled by it all; it must render him absolutely speechless," shares Hynes who will open the show, in the Feast of Cohen tradition, with her performance of Famous Blue Raincoat.

Hynes can't pick a particular favorite moment from the first decade of Feast of Cohen presentations, but gets chills upon looking at the crowd, while performing on stage, noticing the uniformed trance of the room, and observing a theatre of lips moving to the words of each Cohen song or poem.

Cohen is known for his words, writings that are not all put with music. Many are put into books, poems. Fitting enough, it's not just musicians who put off Feast of Cohen the talent also includes actors, filmmakers, and writers.



Amelia Curran, Matthew Hornell and Jody Richardson are just a few of the new additions to the bill this year.


Feast of Cohen is taking place at the Robert G. Reid Theatre, in the Arts and Administration building on MUN Campus from December 27 to 30. For tickets call 753-4531 or visit <http://www.rca.nf.ca>.



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This ocean front, pond side condominium offers unparalleled space and finishes at this price range. There's over 3400 square feet of finished living space with hardwood and ceramic floors, custom oak staircase, large birch kitchen with stainless appliances and open concept main floor with a large dining area by the fireplace. Spacious master suite with walk-in closet, master ensuite with custom glass and ceramic shower and Jacuzzi tub. There's a second guest bedroom, two full bathrooms and two half bathrooms. There's a recreation room at ground level that's over 800 square feet, large enough for a theatre room or rec room and office and storage space. Panoramic bay and pond side views from all 3 floors. Watch the sunset from one of your three private decks. Condo fees here are just \$200/month and concrete dividing walls for great sound suppression. This one's vacant and ready for immediate possession.

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COVER

MUSIC CITY MIRACLE

EVERYONE IS A WINNER THIS YEAR AT MUSIC CITY!
BY JOSHUA JAMIESON

This holiday season everyone's a winner because Music City is giving back – not only to customers, but to the community as well. The seasonal promotion is a bit different this year, but it comes with a guarantee. Move over Let It Snow promo, the Music City Miracle and Gift Bag has arrived!

There is surely something on your list you can scratch off with a trip to Music City and if not, there is also Rock City, StageEleven and Atlantic that might also have the perfect thing. The Music City family group of companies are all under one roof, at 687 Water Street and it is the home of the largest independently owned music store in Eastern Canada!

The Music City store carries all major brands including Boss, Washburn, Peavey, Shure, Line 6, Korg, D'Addario and Allen and Heath to name a few. They also have all the crucial things any budding or pro musician needs, from picks to sheet music.

If you know someone who has always wished to learn how to play their favourite instrument, the Rock

City School offers basic guitar lessons, individual or group classes, vocal work and more.

They also have special features like a rock choir, orchestra and band that students can take part in. For some programs there isn't even a prerequisite to be able to read music. Picking up music not only creates a new skill set, it's also an exercise in working with others, finding creativity and confidence building.

Back to the savings! From November 17 to December 24 when Christmas Eve finally arrives, any purchase made at Music City will come with an opportunity to reach into the Miracle Gift Bag to pull out a token that gives 10%, 25% or 50% off the purchase. Though, it doesn't end there – you could also pull out an online shopping spree or a win your purchase token!



Music City's making the Christmas Miracle even better, stretching every dollar from every sale further by supporting the Children's Wish Foundation. A red bulb will be added to the Music City Family Tree to represent every purchase made and each donation. People can follow how full the tree gets by visiting www.musiccitycanada.com every Friday where the Mayor of Music City – Steve Edwards – will show the increasingly ornamental tree. For more on the Music City Miracle, visit the website, check out Facebook or drop by 687 Water Street.

SOUNDS

ONE HUNDRED PAGES LATER

REX GOUDIE FINDS HIMSELF ON HIS THIRD ALBUM
BY DEBBY WINTERS

It's been a long and winding road for Rex Goudie from being a Canadian Idol runner up to his third album; *One Hundred Pages Later*, out on December 7. The result has been well worth it. Goudie has found his true calling and his true sound in this album. "It's been four painstaking years since the release of my last album and words can't describe how happy I am to finally be able to see the music that makes up *One Hundred Pages Later* come to fruition," says Goudie. "Every song and every note on the album is a piece of me and my experiences. They are the stories I've lived through and giving them a chance to be heard is such a weight off of me," Goudie says of the journey. The album brings out Goudie's natural ability to tell a story through lyrics. The music illustrates each tale perfectly, matching tempo, feelings and settings.

The album also showcases Goudie's unique ability to blend traditional east coast sounds with his beloved rock and roll. In the first single *Comin' Back For Good*, Goudie, describes how he has found a home personally and musically through his connection to east coast folk music that he was raised on melded with his discovery and love for rock and roll. The album's second track *Undone* was released as a stand-alone single in 2009. Though meant as an experiment – a teaser to generate interest for upcoming shows – *Undone* outperformed expectations by a long shot. It charted nationally on the Canadian Top 40, topped the East Coast Countdown handily and fuelled Goudie's drive to finally take the raw material for *One Hundred Pages Later* into the studio and do it up right. Goudie illustrates; "Writing songs is kind of like having kids;

nursing them along until the day comes and you've got to put them on the school bus and send them off. This album was like that. I had to wait until it was exactly how I wanted it before I put the youngsters on the bus."

Other tracks include *Save My Life*, inspired by his brother's trip 'away' to work in Alberta's oil fields, and *Get Out Of My Head*, a song originally written about the trials his father was having as an independent businessman, that ultimately became a metaphor for Goudie's own struggles as a musician. A track that inspires the repeat button is *Won't Have to Wait* a duet with Valerie Stanois, co-written with Canadian pop/punk songstress, Shiloh. Other co-writers include Casey Marshall, Eric Paul (co-writer of the Trews' *Tired Of Waiting*), Idle Sons and Social Code.



Goudie's sound has a soul and an independent spirit all its own; proving, finally, that while Idol may have introduced Canada to Goudie, the show never truly defined him as an individual, or an artist. *One Hundred Pages Later* does – unrepentantly, enthusiastically and without any doubt.

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JUST 2 CRAFTY

WHAT TO GET FOR A PAPER CRAFTER

TIPS FOR FRIENDS AND FAMILY... AND SANTA TOO!
BY DEBBY WINTERS



Is your loved one, significant other or family member into paper crafting, scrapbooking and card making? Well hopefully this installment of Just 2 Crafty will help you out this holiday.

Are you stumped as to what to get the crafty person on your Christmas list? Craft stores and departments can be a foreign land for some people so here is a little help.

There are two items that every paper crafter needs. Paper, of course, and scissors! You can buy all sorts of different papers. They usually come in two different sizes 12" x 12" and the more familiar 8.5" x 11" letter-size. Decorative papers also come in smaller sizes most of the time 6" x 6" pads. The pads are a great thing to get as it allows many different combinations and the papers are designed to go together. The prices vary as much as the designs. Rest assured though a nice pack of designer or speciality paper would not be unwelcome under the tree.

Scissors are another thing that paper crafters need more than one of. There are small ones for the fine

delicate jobs and larger ones for the big cuts. Many crafters have different pairs for specific jobs such as cutting ribbon. Oh! Ribbon! What a great stocking stuffer. You can actually put it in the gift instead of around it. Although most crafters will keep the ribbons on the gifts and the paper too!

Another thing that crafters like to store a variety of are embellishments, that would be anything from brads and buttons to small flowers and chipboard shapes. Things used to fancy up a project.

If you are looking for a larger "special" gift, one suggestion may be a portable light studio. The studio folds almost flat it stores small lights and a camera tripod. When the studio is unfolded it fits on a kitchen table and is a box with dark sides and a top that you put your card or project in to take a picture of it for posting on the net, for blogs or crafting groups.



Another bigger gift would be an embosser or die cut machine. These range from small to very large in size as well as price. The newest machine of this type is the Provo Craft Cricut



Imagine which actually prints the image in colour first then makes the die cut. The Imagine retails for about \$599. If you are looking for something more affordable there is the Cuttlebug, a hand cranked die cut and embossing tool and a great place to start.

Other wonderful gift additions to any crafter's space would be lighting, anything from a good desk lamp to help with colouring to a nice set of track lights. Storage is also precious to a crafter. Small bottles are good for buttons and bows, racks are good for ribbons and there are some great modular units specially for paper and supplies available at most craft stores.

You will always find the staff at most craft stores very helpful. If there is a favourite store where your crafter goes you might want to check it out they may have a few ideas for you too!

Ok! On your way now! What are you waiting for... Christmas?! For additional on-line content go to <http://www.just2crafty.blogspot.com>.

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ART

HOLIDAY PREP AT THE LEYTON GALLERY

GETTING READY FOR THE ANNUAL CHRISTMAS SHOW
BY GARY MOORE

The hustle of the holidays has arrived and the stress of sorting out what to put under the Christmas tree is getting heavier each day. The Leyton Gallery's Annual Christmas Show is the perfect place to alleviate the holiday pressure.

In it's seventh year, The Leyton Gallery officially opened up their Annual Christmas Show on November 13 and will run it into the new year. Providing a peaceful environment while displaying a range of the work by young artists in the province as well as some national and international established artists. Hot cider and Christmas cookies are served for your enjoyment while experiencing the art of the fifteen participating artists, whose work ranges from realism to abstract. "The participating artists include amazing encaustics by Jill Waites and Anita Singh, to gorgeous and powerful works by Michael Pittman, elegant works by James Rosen, lovely still life's by Iakov Afanassiv, amazing and beautiful works by Elena Popova, and much much more," describes Bonnie Leyton, an artist herself and owner of The Leyton Gallery.

Bonnie Leyton will also have work featured in the show which she described as a part of an ongoing series of work based on private places that human beings often go to, but are recognizable to all.

Leyton speaks very highly of all the artists participating in the annual show, but is most impressed with the amount of growth by the young award winning artists, as they continue to emerge and age their talents.

The Leyton Gallery is always looking for new talent and according to Leyton that's what sets this show apart from other shows throughout the year; "I think the difference is based on the growth of our artists and our fortunate ability to see young talent and keep adding to our artist's list. This is a major component of the gallery. We are always on the lookout for established young emerging artists and are willing to take a chance on them. This has shown to be consistently successful."



Outer Dark by Jonathan Green (intaglio etching aquatint)

gifts. The Leyton Gallery has gift certificates available, if you can't decide which art to choose.

The Leyton Gallery is located on Cliff's Baird's Cove, across from the Atlantic Place parking lot. There is no admission and is open 11 to 5 Tuesday to Saturday and 12 to 5 on Sundays.



Polar Bear by Jennifer Barrett
(acrylic paint and permanent marker on cradled panel)

The Leyton Gallery's Annual Christmas Show is a way to avoid the malls with their crowds and think outside of the box when buying for those on your list. Browse three rooms and the open store room of our province's young and emerging artists plus national and international artists to purchase your Christmas



Rendez Vous by Bonnie Lryton
(oil paint and conte on black gessoed canvas)



Alisha Study 1 by Jillian Waite
(encaustic and collage on cradled panel)

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FILM

MORNING GLORY

STARRING RACHEL MCADAMS, HARRISON FORD AND DIANE KEATON
BY TIM CONWAY



102 min.
* 1/2 (one & a half stars)

Good Morning New Jersey's crackerjack assistant producer, Becky Fuller, has just been summoned by her boss. After years of starting her day when most folk aren't halfway through a night's sleep, and consistently pulling together a daily program that's always in jeopardy of falling apart in front of its viewers,

there's no doubt amongst her co-workers that she's about to finally receive a long overdue promotion. Unfortunately, the new corporate owners of the station have hired Chip, a new producer with flashy marketing credentials, but they haven't increased the operating budget. This spells "bad news" for the industrious young woman.

After bout of rejection that would discourage any other mere mortal, Becky finally gets a call from IBS, a major network that broadcasts *Daybreak*, a morning program that is consistently lagging in the ratings. While they happen to be looking for someone with a lot more experience, Becky's enthusiasm tips the scales in her

favour, and she becomes the show's new executive producer.

Initially, you wonder if she's in over her head, but with her first day on the job, she scores a few minor victories that bolster confidence in her ability. Unfortunately, one of her accomplishments presents her with the challenge of finding a host for the show without spending any more money. Her solution, recruiting multiple award-winning journalist, Mike Pomeroy, proves to be a blessing and a curse, while his professional reputation is an asset to the program, his personally is unbearable.

Most of the promotion and related coverage of *Morning Glory* seem to suggest that the film focuses on an exuberant Becky, played by Rachel McAdams, stuck between the egos of her battling co-hosts, courtesy of Harrison Ford and Diane Keaton. This is just a small element of the story, although it's not difficult to accept that confusion would arise, since it isn't clear that anyone involved with the picture knows what it's about, or even what kind of movie it's supposed to be.

It begins to make sense when you consider that the screenplay is the product of Aline Brosh McKenna, the writer of *The Devil Wears Prada*. You can see Becky as an experienced version of Anne Hathaway's character from that film, saddled with a supervisory position over an equivalent of Meryl Streep's Miranda Priestly. Instead of setting the story in the seemingly frivolous world of



high fashion, morning television, presented as devoid of substance, constitutes the landscape. As a place to start, this isn't necessarily wrong, but somewhere in the trek from concept to screen, the characters have to bear some resemblance to human beings and the story has to make sense, as well as have a point to it. Here, however, the characters, everything they do, and their respective motivations, exist only because it says so in the script.

Consequently, while Rachel McAdams can usually win you over with screen presence alone, here she is trying to entertain by repeatedly banging her head against a wall. Every move and sound from Diane Keaton is a notch above "overdoing it" and Harrison Ford, cinema's legendary "everyman" can't seem to breathe life into Mike Pomeroy. Then again, maybe no one else could.

There are few genuine moments to be found in *Morning Glory*, but when they arise, the cast does make the most of them. Still, watching talented actors struggle with lame material, and no guidance, is a painful experience. It makes you wish that Becky Fuller really existed, and had taken over the production before shooting began.



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SOUNDS

HEY ROSETTA!

THEY'RE COMING HOME AFTER A 60 DATE NORTH AMERICAN TOUR

BY DEBBY WINTERS

Hey Rosetta! has been traveling the globe performing in China and have just finished a 60 date North American tour including opening for Sarah Harmer, Hey Rosetta are returning home! The six member Indie rock group will be on stage at the Delta Ballroom on Friday, December 17 at 9pm. They will be performing some new songs and, of course, some old favourites.

The group was formed in 2005 by front man Tim Baker. Hey Rosetta! is: Tim Baker (Vocals, Guitar, Piano), Adam Hogan (Guitar), Josh Ward (Bass), Phil Maloney (Drums), Romesh Thavanathan (cello) and Erin Aurich - (Violin).

Their most recent album, produced by Hawksley Workman; *Into Your Lungs (and around in your heart and on through your blood)*, was released on June 3, 2008. The first single is *There's an Arc*. The songs *Psalm* and *We Made a Pact* are featured on the Canadian television series *Flashpoint*, in episodes four and seven, respectively.

Into Your Lungs... was named Album of the Year at the inaugural Verge Music Awards, held by XM Satellite Radio's *The Verge*, on September 24, 2008. The award, which came with a \$25,000 monetary prize, was chosen by fans via online vote.

In 2009 Hey Rosetta! took home three of the four East Coast Music Awards that they were nominated for; Group Recording of the Year, Recording of the Year, and Alternative Recording of the Year, all for the album *Into Your Lungs*. Tim Baker was also nominated for songwriter of the year.

In 2009 Hey Rosetta! was featured in the CBC television movie *Diverted*, where they performed their song *I've Been Asleep for a Long, Long Time*. They recorded a new song, *Old Crow Black Night Stand Still*, for CBC Radio 2's Great Canadian Song Quest.

Following the end of the Vancouver 2010 Winter Olympic Games the band gained attention when their song *Red Heart* was featured in Stephen Brunt's



stirring Olympic Montage video celebrating Canada's surging pride across the nation.

With a new album in the works, Hey Rosetta! has been touring steadily since the release of 2008's *Into Your Lungs* (Sonic Records), which was also included in the Polaris Music Prize Short List.

Tickets for the upcoming show at home are \$25 in advance and \$30 day of show (including tax) plus service charge, on sale since November 19. Tickets are also available at all Ticketpro outlets, including Holy Heart Theatre (55 Bonaventure Ave), Ballistic Skate & Snow (170 Water St) and the MUN Student Union Copy Centre, by phone at 1-888-311-9090 and online at www.sonicconcerts.com.

HOLIDAYS

SEASON OF GIVING, THINK SPAN

BRING A SMILE TO A CHILD'S CHRISTMAS

BY DEBBY WINTERS

Christmas is coming; the goose is getting fat, please put a penny in the old man's hat.

This time of year holds something special for just about everybody. For some it may be a celebration of Christ's birth while for others it's a time for family and renewing old friends and acquaintances. Whatever the meaning of Christmas is to you, everybody would agree, it is mainly for the children. What parent, aunt or uncle does not delight at the wonderment in the eyes of the children! That irrepressible enjoyment accompanied by that sparkle in the eye and the face-wide grin?

Some parent's do not always get to have that joy. Their lives are filled with other things like keeping their children warm, fed and giving them the sense of safety and assurance most children get naturally.

These are the single parents. The parents who must fill two roles for their children and can't always fill that space under the tree or the stockings in a row.

You can help those single parent families put the sparkle in their daughter's and their son's eyes this Christmas. Every year the Single Parents of Newfoundland and Labrador (SPAN) run a Christmas Support Program. Last year, because of the generous aid received from groups, organizations and individuals, SPAN assisted 294 single parent families to enjoy a Merry Christmas.

This year there are 300 single parent families in need of support. If you're a group, individual, organization, or cooperation; you can help. On your own, you give what you can or as a

group, you can sponsor a family. What a wonderful thing to do, to bring smiles not only to your own family but also to that of a stranger's.

A child's smile is worth more than money, it is worth more than gold, it bring happiness to all those near and far. Help bring laughter to a families Christmas by contacting SPAN and sponsoring a single parent family for Christmas. If you are able to give your support as a sponsor or make a financial contribution towards SPAN's Christmas Support Program, contact Melanie at 738-3405 or send an e-mail to mescott@span.nf.net.



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LISTINGS

WHAT'S ON!

CHECK OUR LOCAL EVENTS CALENDAR

FRIDAY, November 26

Club V: Dr. Drake & DJ Sina
Greensleeves: Greg Bolger & Chris Marshall
Loft 709: Kid Cue
Quidi Vidi Brewery: Happy Hour 'till 8
Shamrock City: Connemara
Spin: Funktastic Friday w/Leo van Ulden & Kid Cue
Stanley's: Karaoke
Turkey Joe's: Triple Threat Fridays w/ DJ Scrappy

SATURDAY, November 27

Cochrane St. United Church: Celtic Christmas w/Lady Cove Women's Choir & Newman Sound Men's Choir
Greensleeves: Greg Bolger & Chris Marshall
Spin: Mike the Tailor
Stanley's: Karaoke
The Ship: Hammingwell CD Release
Turkey Joe's: Sexual Saturdays w/ DJ JayCee

SUNDAY, November 28

Downtown Christmas Parade
Greensleeves: Damian Follett
Grumpy Stump: Karaoke
Johnson Geo Centre: Wunderground
Kelly's Pub: Fred Jorgenson
O'Reilly's: Traditional Jam Session w/ Elizabeth Siegel
Turkey Joe's: Ladies Night, first 50 get 3 free drinks

MONDAY, November 29

Greensleeves: Damian Follett
Grumpy Stump: Open Mic
Loft 709: Martini Monday's w/DJ Diamond
O'Reilly's: Sing-a-long Jam Sesson
Turkey Joe's: Manic Mondays: Happy Hour All Night

TUESDAY, November 30

Bella Vista: (8:30PM, \$5) Sizzlin Salsa Tuesdays
Greensleeves: Damian Follett
Grumpy Stump: Karaoke
Shamrock City Pub: Connemara
Turkey Joe's: Two for Tuesdays w/Carl Peters & Dave White

WEDNESDAY, December 1

Greensleeves: Kronik
Grumpy Stump: Karaoke
Headquarters: Adam Baxter
The Fat Cat: Chris Kriby (acoustic)
The Martini Bar: Acoustic Trio Wednesday with Stixx and Stones

The Ship: Folk Night
Stanley's: Karaoke
Turkey Joe's: Draft Wednesdays w/ Radio Suitcase

THURSDAY, December 2

Arts and Culture Centre: Scrooge
Gower St. United Church: The Once (and for all) Christmas Time
Greensleeves: Unlisted
LSPU Hall: First Time Filmmakers Screening
Headquarters: Noise Terror Thursday
Kelly's Pub: Fred Jorgenson & Arthur O'Brien
O'Reilly's: Acoustic Punters
Shamrock City Pub: Middle Tickle
Turkey Joe's: \$1.75 Thursdays with DJ JayCee

FRIDAY, December 3

Arts and Culture Centre: Scrooge
Gower St. United Church: The Once (and for all) Christmas Time
Greensleeves: Des Gambin & Barry Davis
Headquarters: Jackass Party w/Bam Magera (19+)
Stanley's: Karaoke
Turkey Joe's: Triple Threat Fridays w/ DJ Scrappy

SATURDAY, December 4

Arts and Culture Centre: Scrooge
Cochrane St. United Church: Shallaway Concert w/Andy Jones
Greensleeves: Des Gambin & Barry Davis
Loft 709: Dance League Saturday w/ DJ NuRock
Spin: Seamless Saturday w/Mike the Tailor
Stanley's: (10PM) Karaoke
The Levee: MUN student fund raiser for volunteer mission to Morocco & Documentary w/Rayfield, The Domestics, The Newish Klezmer Ensemble
Turkey Joe's: Sexual Saturdays w/ DJ JayCee

SUNDAY, December 5

Arts and Culture Centre: Scrooge
Cochrane St. United Church: Shallaway Concert w/Andy Jones
Grumpy Stump: Karaoke
Kelly's Pub: Fred Jorgenson
O'Reilly's: Traditional Open Session w/ Elizabeth Siegel
Shamrock City Pub: Arthur & Con O'Brien
Turkey Joe's: Ladies Night, first 50 get 3 free drinks

MONDAY, December 6

Arts and Culture Centre: Scrooge
Grumpy Stump: Open Mic
Greensleeves: Damian Follett
O'Reilly's: Larry Foley & Patrick Moran
Shamrock City Pub: Anthony MacDonald & Ronnie Power
Turkey Joe's: Manic Mondays - Happy Hour All Night

TUESDAY, December 7

Arts and Culture Centre: Scrooge
Bella Vista: (8:30PM, \$5) Sizzlin Salsa Tuesdays
Grumpy Stump: Karaoke
Greensleeves: Damian Follett
Shamrock City Pub: Connemara
Turkey Joe's: Two for Tuesdays - "2 for 1" w/Carl Peters & Dave White

WEDNESDAY, December 8

Arts and Culture Centre: Scrooge
Greensleeves: Kronik
Grumpy Stump: Karaoke
Headquarters: Adam Baxter
The Martini Bar: Acoustic Trio Wednesday with Stixx and Stones
The Ship: Folk Night
Shamrock City Pub: The Navigators
Stanley's: Karaoke
Turkey Joe's: Draft Wednesdays w/ Radio Suitcase

THURSDAY, December 9

Arts and Culture Centre: Scrooge
George St. United Church: Women in Song w/Ennis, Rose Cousins & Karla Pilgram
Greensleeves: Unlisted
Headquarters: Noise Terror Thursday
O' Reilly's: Acoustic Punters
Turkey Joe's: \$1.75 Thursdays with DJ JayCee

What To Do? (For Artists)

Above All The Bustle Christmas Monologue Writing Contest: Hosted by RCA Theatre, write up to a 5 min. long monologue. Deadline: Dec. 10 by email to rcata@rca.nf.ca. Winners will perform on Dec. 20.
Paragon, MUN's student-run literary press, is accepting submissions for the 4th ed. of Paragon Journal, due for release Spring 2011. Deadline: January 1, 2011 Poetry: max. 3 pieces; Fiction/Creative Non-fiction: max. 2000 words; Submissions should be previously unpublished. Incl a separate cover page w/ author, title, address, e-mail and telephone number. Submissions will be accepted from Canadian residents only. E-mail submissions to: paragoncollection@gmail.com
Talented female lyricist/poet for semi-pop song writing collaboration (ie:

Joni Mitchell, Sarah McLaughlin Paul Simon etc. Singing/instrument an asset but not essential. Email aewpik@hotmail.com

Anna Templeton Centre (Duckworth) contact for info re: adult and youth classes, workshops
Clay Cafe (39 Commonwealth Ave, Mount Pearl 745-2345): open til 9PM
Devon House Clay Studio - open studio times, contact for info

GALLERY LISTINGS

Leyton Gallery Annual Christmas Show (Nov 13 opening, 3pm, runs through to Christmas). Join us to warm your bones, or have some wine and cheese Info: www.theleytongallery.com or 722-7177.
The Craft Council Gallery (Devon House, Duckworth Street; www.craftcouncil.nl.ca)
Eastern Edge, An Artist-Run Gallery (72 Harbour Drive). Open Tuesday to Saturday, 12-5pm. For info on exhibitions and events visit www.easternedge.ca or call 739-1882)

The Rooms: (www.therooms.ca Wednesdays 6pm-9pm are Free, 9 Bonaventure Ave. 757-8000). One Work Gallery feat. Edvard Munch's Madonna (1895-1902) until Nov 28

SPECIAL EVENTS LISTINGS

"A IS FOR ART" (Eastern Edge Gallery, Nov 6-Dec 11). Artworks inspired by a letter of the alphabet and be reproduced in an art-themed alphabet book. Tickets can be purchased in person at the gallery, by mail, or online at easternedge.ca.

WANL Annual Holiday Party (The Ship, Dec 7, 7pm) Pot luck event featuring readings from 2010 History & Heritage Book Award Short List with winner announced. Prizes too!

Botanical Gardens Fall Hours start Oct 1; Open daily from 10am - 4pm with reduced admission

CLUB DU SAMEDI - FALL 2010 If you plan to register your child on site on Saturday morning, please arrive by 8:45. The Club du Samedi meets on Saturday mornings from 9 a.m. to 11:45 a.m. for fun-filled French activities for children aged 5-14 - language-based activities, arts and crafts, music, gym, drama and more! The spring 2010 session begins on October 2nd and continue for 10 weeks. For more information, visit www.acfsj.ca/club

Mile One Centre 2010-11 ice skating season! Public skating has started with a variety of skating sessions offered - Parent & Tot, Senior, Adult, and Family - plus Lunch Time sessions each weekday from 12:15-1:45pm. For a complete list of skating sessions, visit www.mileonecentre.com

Early Bird Watch (MUN Botanical Garden, every 2nd Sunday, 8am) Meet in the parking lot, free, call 737-8590

Comic Jam (Hava Java, last Monday of every month, 7PM, free)

St. John's Farmers' Market end-of-season and Special Holiday Market (Dec 18, Lions Club Chalet, 9am - 2pm) The market returns in 2011, Saturdays, June 4 - Dec 17, 9am - 2pm, Bonaventure Ave.

Free Internet: Love of Learning offers free internet and computer use for resilient youth between 15 & 35, noon to 6pm, weekdays, Gower Street United Church. For info, www.fortheloveoflearning.org or call Darcy at 722-8848.

Hurling Training on-going weekly. Contact Brendan Toland at: Yellowbellies_SJ_GAA_Club@yahoo.ca

Avalon Wesleyan Church meets every Sunday Morning, 10 AM @ The Rabbittown Theatre (106 Freshwater Rd.) Join us for a casual atmosphere, current music, and coffee. www.avalonwesleyan.ca or 576-6937.

For The Love of Learning (weekdays, 12pm-6pm, Free to youth 15-35): 99 Gower Street. Classes in world religion, philosophy, folklore, art, theatre, resume-building. Free lunch at 1PM (722-4846)

Mall Walkers' Club: (Avalon Mall, Thursdays, 8:45am) (737-2333)

The Pottle Centre: (323 Hamilton Avenue, social and recreational programs for users of mental health services) 753-2143

Seniors Bridging Culture: (Seniors Resource Centre, Thursdays, 2pm) Tea, guest speakers, and conversation (737-2333)

Seniors Friendship Club: (Seniors Resource Centre, Fridays, 2pm 737-2333)

Shambhala Meditation Group: (Billy Rahal Fieldhouse, rear Elizabeth Towers) Free meditation practice. Call 576-4727 or visit http://stjohns.shambhala.org

Traditional Latin Mass: The Holy Sacrifice of the Mass in the Extraordinary Form (Traditional Latin) celebrated on Sundays, 5:15PM at St. Pius X Church, Latin-English Missals & resources provided. For info or a free Visitor's Guide to the Latin Mass call 722-4842 or unavoce.sopc@gmail.com

St. John's City Council Meeting: (City Council Chambers, 4th Floor, Mondays, 4:30pm) Public welcome, see agenda www.stjohns.ca, posted Friday afternoons

Overeaters Anonymous: If your eating habits are making you unhappy and putting you at risk for serious health problems, you can do something about it. Call 738-1742 or www.oa.org

It's never too late to Quit Smoking Are you planning to reduce or quit smoking? Ask about a personal or group presentation. Participants receive a Coping Kit. Call Paula at 800-563-5599

ThyCa Newfoundland and Labrador Monthly meetings 4th Sat. every month, 10:30 - noon, Conference Room "C" Eastern Health Admin. Offices 306 Waterford Bridge Rd. Go to: http://www.thyca.org/sg/nf-lab.htm for info.

MY MESSY BEDROOM

IN TRAINING?

WHAT ARE TRAINING BRAS ABOUT, REALLY? ARE MY TEENAGE NON-BOOBS GOING TO RUN A MARATHON?

BY JOSEY VOGLES

"I got mine late and they were bigger than most," says Jennifer, 23. "I hated being the only girl with no breasts, but as soon as I got them, I hated that more. All of a sudden, boys were staring at my chest, and girls I did not even know glared at me with contempt." Yes, like it or not, breasts are the first visible (or, for some, not so visible) sign of puberty in young women. And suddenly, without any of her own doing, assumptions are made based about her on the size of her breasts. Young women who were spoken about this seemed to share a confusing mix of desire and resentment when it comes to getting boobs, as is exemplified by their first bra experiences. "Lori" remembers her mother insisting on taking her shopping for a training bra when she was eleven. "I was so embarrassed in the store - I didn't want to admit that my body was changing. I still felt like a kid."

It was in Grade 9 that a best friend boldly suggested it was time to start wearing a bra. Clueless was my feeling, looking down at the budding protrusions under my T-shirt. In a particularly sweet BFF moment, she lent me one of her bras. It was a D-cup. Remember those flimsy crossover ones with the frontal closure? Hoping mom wouldn't notice, it was too embarrassing to tell her anything. After that, the solution was to sneak bras belonging to my sister until the courage was found to buy my own. In a study on adolescents

and bras several years back by Merewyn Hines, a University of Toronto student at the time, one of the participants remembers the thrill of her first bra. Given to her by a friend, the bra was worn under layers of clothes during weekly horseback riding lessons, even though the young girl was almost completely flat. "It used to make me so happy knowing I had a secret, that I was wearing a bra," she recalls. "It was soooo embarrassing being one of the first girls in the class to start wearing one," recalls another woman in Hines's study. "One of my friends got one the same time I did, and she wore two tight undershirts over it so that the bra line wouldn't be obvious. I copied her, but some of the jokers in my class still managed to sneak up and snap it."

Interestingly, bras weren't even marketed to teenage girls until the 1950s. Before that, girls wore undershirts until they could fit into adult bras. Companies such as Warners, Maidenform, Formfit, Belle Mode and Perfect Form (as well as popular magazines like *Good Housekeeping*) started the notion of "junior figure control" and encouraged the idea that young women needed both lightweight girdles and bras to "start the figure off to a beautiful future." Basically, this was just a marketing ploy to sell bras to teenagers. Think about it. What are training bras about, really? Are my budding breasts

going to run a marathon? As a bra saleswoman once said, "Training bras are not training anything." Thanks to this clever campaign, before you knew it, girls everywhere start worrying about who did and didn't wear a bra and the ability to wear and fill a bra became central to a teenage girl's sense of herself, her sexuality and fitting in. "I have little boobs, and though I love them now, I used to feel so inadequate," says Jesse, a 21 year-old student. "Once I went to school with a Wonderbra on, and I guess it was obvious that my boobs had never been that big before. Some boy asked my friend what had happened to me, and I was so embarrassed I threw the bra out as soon as I got home."

"Suddenly, the body had to fit into standard sizes that were constructed from a pattern representing a norm," writes Joan Jacob Brumberg in *The Body Project*, a book about young women and body image. Christina remembers getting into a huge fight with her mother while shopping for her first bra. She kept insisting that she needed an AAA while her mother wanted to buy her an A-cup bra. "I assumed that AAA was bigger than A simply because there were more A's," she recalls. "When the sales lady asked me if I realized that AAA was smaller, she and my mom had a good laugh at my expense. I was mortified."

\$3 BILL

IT'S RAINING MEN!

QUEEN OF HEARTS, MARTHA WASH

BY RICHARD BURNETT

There are great voices and then there is the voice of legendary dance diva Martha Wash, whose soaring powerhouse vocals propelled such classic hits as *Gonna Make You Sweat* and *It's Raining Men* to the top of the charts worldwide. But when the Queen of Clubland got her start in the 1970s singing back-up with her friend Izora Armstead for the great gay disco superstar Sylvester, Martha scandalized her religious family. "I remember telling them I was going to sing in nightclubs and they were not happy!" Wash, now 57, says. "But as time passed they became supportive and even came to a few shows."

Wash and Armstead shot to international fame as Two Tons Of Fun singing on Sylvester's disco classics *You Make Me Feel (Mighty Real)* and *Dance (Disco Heat)* which both peaked at #1 for six consecutive weeks in 1978. By 1982, Wash and Armstead had been renamed The Weathergirls, went solo and recorded one of the most difficult songs to sing, *It's Raining Men* – and they did it in 90 minutes flat. Then Paul Jabara, who co-wrote the song with Canadian Paul Schaffer of David Letterman fame, hit the pavement: "He took acetates to all the deejays at all the clubs where it became a big hit before radio picked it up."

Filming the song's memorable video, featuring hunky bodybuilders falling from the sky – was difficult. "God, that was a cheesy video!" Martha laughs. "We filmed it in an abandoned building [in NYC] in the dead of winter. There was no heat and everybody

was wearing [winter] coats. That part in the video where we fall out of the sky, well, we landed on these mattresses and found out [the next day] they were infested with bugs. For days afterwards Izora and I were scratching! It was awful!"

Worse, in the years to come, showbiz suits deemed Wash's image "unmarketable" and got models to lip-synch Martha's vocals in her massive Black Box and C+C Music Factory hits. So our girl Martha sued for proper vocal credit and royalties. She not only won, but her victory led to U.S. legislation making vocal credits mandatory on records and videos. Martha's triumph over the mostly white and largely straight music establishment cemented her icon status in a gay community that worships big-voiced, larger-than-life divas. Wash knows it and loves her gay fans back unconditionally: "Gay audiences love me because I began singing with Sylvester. It started there."

But there's more to it than that: having met and seen Martha perform live countless times, at circuit parties, at Gay Pride festivals and at AIDS benefits, Martha always made time to meet folks afterwards. She's old school that way, like BB King and Marlene Dietrich Wash continues to perform at AIDS benefits pro bono. "I moved to New York in late 1984 and between 1985 and 1990 I got so mad because everybody said AIDS was a gay disease," Martha says. "It put such a stigma on the gay community and that was wrong. I had to do something and it was very grassroots

back then. I was doing benefits to raise money to open hospices. That's how it started

[for me]. My worst period was in the mid-'90s when for a week I got a call every day about someone I knew who had passed [from AIDS]," Martha sighs. "It ravaged my circle of friends." Even her dear friend Sylvester would die of AIDS at the age of 41 in 1988. "Today I'm happy to see the [drug] cocktails are making people live longer," Martha adds, before asking, "Do you think there will be a cure?"

All this health talk is a reminder about working out, something we both loathe. At Montreal's 2006 World Outgames, Wash had lost a whopping 80 pounds. "I was supposed to go to the gym today!" Martha says. "You really got to find something you like to do and do it a lot." But Martha – also a guest judge on season two of the critically-hailed drag-queen reality TV series *RuPaul's Drag Race* – still shakes her groove thing onstage. She loves to dance, especially when belting out *It's Raining Men*. "People used to say 'disco sucks' and 'disco died' but they still keep playing it," Martha says happily. "Today they call it dance music, but it's still the same. It's happy music. And as long as people want to keep on dancing, I'll keep on singing too!"



SNAPS!

PARTYING AT CLUB ONE

HIP HOP ARTISTS TAKE THE STAGE AND THE CROWD SHOWS LOVE

PHOTOGRAPHER: SHAWN PECKFORD



Shelly & Chelsy



Shannon & Jen



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Linda



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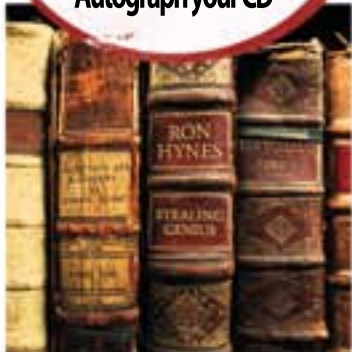


Kim, Kelsy & Emily

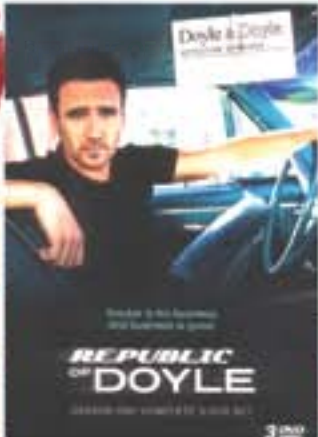
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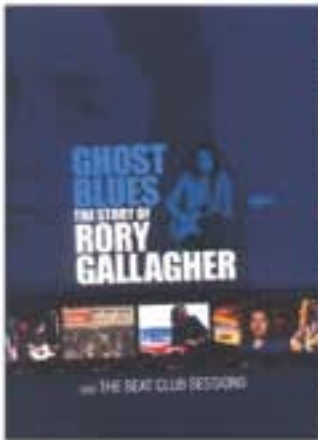
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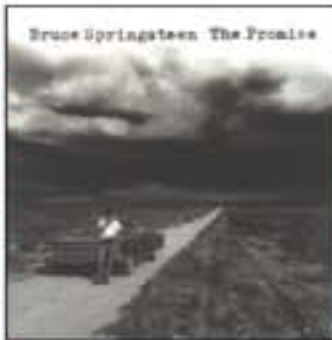
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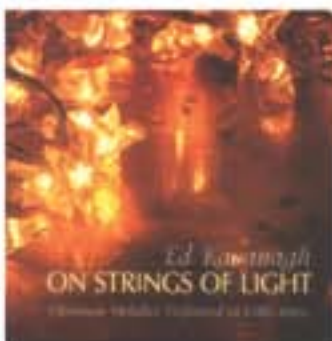
SHERYL CROW
Home For Christmas



PINK MARTINI
Joy To The World



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Under the Mistletoe



ED KAVANAGH
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Newfoundland Celtic Harp



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Christmas Dreaming



ANNIE LENNOX
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